



Prayer Track

JANUARY – MARCH 2022

WELCOME TO PRAYER TRACK, offering you key prayer points each week to help you join hundreds of others in praying the world, our Christian family worldwide and for the ministry of Waverley Abbey Trust.



3–9 JAN

WORLD FOCUS

“The harvest is plentiful but the workers are few”
Matthew 9:37

- Pray for the spiritual awakening of the whole world. That hearts will be open to Jesus in the year to come.
- Pray for missionaries to hear their call from God to “Go!” Fill them with assurance in their vocation, faith for their mission, and powerful signs and wonders to encourage them.
- Declare Jesus’ victory over the whole world, and pray that lives will be changed by declaring Jesus as Lord.
- Pray that Christians will be a blessing to those around them in every corner of the world. That we’ll be known for our love and kindness, and in that way, share Jesus practically.
- Pray that Christians will be appointed to leadership positions in global politics, to bring Kingdom impact in vital places.

10–16 JAN

CLIMATE CHANGE

“Then God said ‘Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.’” Genesis 1:26

- Pray for cohesion across world leaders on their approach to the climate crisis. Pray for supernatural intervention to bring China on board with the policies agreed at COP26.
- Pray for the end of deforestation, believing for an abundance of forests and wildlife once again.
- Pray for successful and expedited implementation of the policies agreed at COP26
- We ask for more inspiration for innovative solutions to the climate emergency. Raise up people with the ideas, supported by adequate technology and funding.
- Thank God for His beautiful creation and pray that we will not be overwhelmed as we learn more about climate change. Pray that we’ll each know and do our part in caring for the planet.

WEEKEND

Heavenly Father, we ask you to stir our hearts into action. Inspire us with ways we can make a difference in our homes, communities and the world around us. We pray for your prompting where we can do more to love our neighbour. Amen

WEEKEND

God, thank you that the world is under your dominion. We pray that we will partner with you, as brothers and sisters in Christ across the globe, your workers on earth and bring your Kingdom here. Amen.



17–23 JAN

OVERCOMING ADDICTION

“And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” Romans 12:2

- We lift up people struggling with addiction. Father, we pray for supernatural intervention that you would set them free.
- We pray for chaplains in prison to be equipped to support prisoners through addiction
- We pray for education in schools to warn of the dangers of addiction and explain its destructive power
- God we pray for your love to overcome the power of addiction. Whether that’s through the kindness of strangers on the street, or a faithful, enduring friend or family member. We pray that you’ll fill your people with love to continue to fight addiction.
- Pray for a world that people don’t want to escape from through addiction. Pray for health, community, love, friendship and belonging.

WEEKEND

God, grant me the serenity to accept the things I cannot change, courage to change the things I can and the wisdom to know the difference.

24–30 JAN

YOUTH IN THE UK (16-25 YEAR OLDS)

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.”
1 Timothy 4:12

- Pray for support for youth suffering with mental health and wellbeing issues. Pray that they’ll be surrounded by trustworthy friends and family to encourage them and meet their needs in their struggles.
- Ask that there’ll be impactful jobs for our youth. That they’ll find fulfilment in their work.
- Pray for youth feeling anxious about the climate. Show them signs of hope, recovery and change for a more balanced future for the planet.
- Pray for their connections with their friends and peers. Pray for deep, lasting, supportive friendships through both online and in-person means.
- Pray that they’ll know Jesus as a friend, supporter, comforter and guide.

WEEKEND

Father God. Thank you for the minds and energy of young people. We pray for their innovation, their vivacity and their new ideas for your world and for building communities. We pray for their lives to be impactful and exciting.





31 JAN–6 FEB

UK GOVERNMENT

“For unto us a Child is born, unto us a Son is given; and the government shall be upon His shoulder. And His name shall be called Wonderful, Counsellor, The Mighty God, The Everlasting Father, The Prince of Peace.” Isaiah 9:6

- Thank God for our leaders and pray that they'll receive God's wisdom, inspiration and character while making decisions.
- Pray for seamless work in UK government. That civil servants will be entrusted with responsibility to do their jobs and that leaders will have swift access to the information and advice they need.
- Pray for wise policy decisions to help insulate homes, and protect the planet.
- Pray for Christians in government. That they'll be able to align their decisions with their faith and integrate their faith into their work.
- Pray for respect within UK politics. That politicians and journalists can speak to one another with courtesy and that the general discourse around politics loses its heated acrimony.

WEEKEND

Lord, thank you for the structure of politics in this country. We thank you for our political leaders and we pray for your influence to flood in and saturate our political spheres.

7–13 FEB

CHAPLAINS

“Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom” James 3:13

- Pray for chaplains who work in prisons in the UK. Pray that their conversations will bring hope and healing.
- Pray that prison chaplains will have access to the resources they need to guide people in powerful ways.
- Pray that chaplains will continue to walk closely with God and pray for protection against spiritual attack.
- Pray that chaplains will carry the fragrance of Christ in any area they work in. That they will be filled with love, hope and compassion to give out abundantly.
- Ask for more chaplains to be raised up in communities and for God's Kingdom on earth to grow through them.

WEEKEND

Father, we thank you for the chaplains that serve communities in Your name. We pray that more workers and communities will benefit from faithful chaplains, responding to Your call to serve.





14–20 FEB

HOMELESSNESS

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.”
Matthew 6:19-20

- Pray for protection for the homeless, against harm and illness.
- Ask for guidance in noticing when someone needs help, and guidance for how to help.
- Pray for food, shelter and medical care for the homeless around the world.
- Pray for the words to say when you encounter a homeless person. Pray for words that reflect God’s love for that person.
- Bless those who care for the homeless by making meals and providing shelter, clothing and medical assistance.

WEEKEND

Father, we pray that homeless people will know your love. That their practical needs for shelter and food will be taken care of. We pray for supernatural intervention to overcome whatever it is that caused each person to become homeless and we pray blessing over their lives.

21–27 FEB

LOCAL GOVERNMENTS

“Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God.”
Romans 13:1

- Pray for local government in the UK. Thank God for leaders who make decisions and implement changes. Pray that they will be guided by the Holy Spirit.
- Pray for wisdom for leaders in local government.
- Pray for more Christians to enter local government and faithfully listen to God’s plans for their areas.
- Pray for diverse representation in local governments, so that concerns from every demographic are known and considered.
- Pray that our leaders in local government are well supported through friends, family and church.

WEEKEND

Father God, thank you for leaders in local government. We pray that Your plans will be worked out through local government. We pray for Kingdom change in our towns and cities and pray for cohesive, peaceful communities.



28 FEB–6 MARCH

CHURCH WITHOUT WALLS

“And don’t forget to do good and to share with those in need. These are the sacrifices that please God.”

Hebrews 13:16

- Pray for the impact of Christians everywhere. Pray that they will be known for their love towards others, their kindness and compassion.
- Pray that Christians can reflect the light of Jesus in the circles they move in
- Pray for culture change through the impact of Christians who are well equipped, well informed and well respected in their spheres.
- Pray for more people to have more encounter with Jesus because they happened to meet a Christian.
- Ask for opportunities to share your faith in practical ways, demonstrating the love of God and touching a life with the heart of God.

WEEKEND

Father God, thank you for the opportunities you give us to build your Kingdom on earth and share Your love. We pray that this will be a lifestyle for the people of your Church, beyond the walls of Sunday church. We pray for an outpouring of the Holy Spirit in our communities.

7–13 MARCH

DEFORESTATION

“The LORD God took the man and put him in the garden of Eden to work it and keep it” Genesis 2:15

- Pray for deforestation to slow and cease, particularly in Brazil and Indonesia
- Pray for radical acceleration of planting more trees and repopulating our forests
- Pray for worldwide government policies and legislation to protect forests and wildlife
- Pray that only controlled fires would occur in forest landscapes. Pray for protection against wildfires that destroy vast areas of forestry.

WEEKEND

Lord, we pray for the renewal of our forests. We pray for more trees to fill the planet and restore balance to your earth.

14–20 MARCH

COUNSELLORS

“The wisdom from above is first pure, then peaceable, gentle, accommodating, full of mercy and good fruit, impartial and not hypocritical” James 3:17

- Thank God for the wonderful work of counsellors. That patient, compassionate people are able to listen to people with respect and kindness, and through their work bring transformational healing.
- Pray for more people to be trained in counselling, to serve communities and come alongside people in their challenges with mental health and wellbeing.
- Pray that counsellors will be able to find sufficient rest and support to avoid burnout.
- Pray that anyone struggling with life at the moment will find the courage to approach a counsellor, perhaps for the first time.
- Pray that Christian counsellors can integrate their faith appropriately into their practice.

WEEKEND

Father God, we know that counselling is important to you and you gave each of us the Counsellor for our walk with you. We pray that counsellors will bring healing, hope and restoration to their clients, friends and family. We pray protection over the wellbeing of our counsellors and thank you for their compassion.





21–27 MARCH

TEACHERS AND SCHOOLS

“Start children off on the way they should go, and even when they are old they will not turn from it.”

Proverbs 22:6

- Pray that teachers will continue to have energy, compassion, insights and patience as they teach, often in challenging situations
- Pray that school will be a supportive, nurturing environment that encourages students' gifts as well as their academic achievements
- Pray for school pupils to enjoy their learning, and time with peers. Pray that they will be well supported educationally and pastorally.
- Lift up the pastoral support in schools, including nurses, chaplains and counsellors. Pray that their impact will be felt as peace and stability in the school environment.
- Pray for each school child to have supportive and encouraging peers.

WEEKEND

Father God, thank you for all those people called to serve in our schools. We declare peace and protection of their physical and mental health and over their spiritual lives. We pray that all school children will find the school environment nurturing and supportive. Amen.

28 MARCH–3 APRIL

LEADERS

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith” Hebrews 13:7

- Lift up our leaders in all walks of life; in church, government, workplaces, family and organisations.
- Thank God for the leaders that serve you personally. Pray blessings and encouragement over them today.
- Pray for leaders to know, hear and listen to God's guidance. Pray that their desire will be to lead like Jesus.
- Pray for those on leadership courses at Waverley Abbey College. Pray that the knowledge and skills they are learning will transform their workplace and bring godly leadership in practical ways.
- Thank God for giving us Jesus as the ultimate example of servant-hearted leadership. Pray that heart-knowledge of Jesus will sink deeper into each one of us, and our leaders.

WEEKEND

Father God – we look to you as our father, leader, teacher, guide and pray that you'll speak clearly to our leaders today. We pray for leaders with open ears and open hearts, who are eager to receive your words, signs, wonders and direction. God, move powerfully within our culture and society, particularly through our leaders. Amen.

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